I would like to thank the European Meteorological Society for supporting my attendance and contribution to the 10th international conference on Air Quality – Science and Application (Milan, 14-18 March 2016) through the YSTA award. The conference was very interesting, fruitful and excellent organized. The organizers brought together senior and young scientists and stakeholders from all relevant fields to discuss the latest research advances, exchange knowledge, ideas, and methods. The conference was a great and very enriching experience, where I had the opportunity to share my work, to meet people, exchange ideas and learn the activities of other groups.

Air pollution has been proved to be among the leading global causes of poor health and premature mortality. The conference topics and sessions covered in a concise and cohesive way all major areas of air quality research, and the related environmental and socioeconomic implications. My presentation on public health gains from strict regulations on fine particulate air pollution fitted greatly within the Environmental and Health Impact Resulting from Air Pollution session of the conference. The comments and discussions I had, were very positive but most important constructive and valuable showing the right way to continue my research. Improving, expanding and sharing scientific evidence are the key elements to assist policy makers to work towards a more sustainable environment.

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